

Culinary Adventures Pte Ltd

Culinary Programmes for Schools

Conducted By Culinary Adventures Pte Ltd

Special Cooking Workshops for Students

Need to enhance your Home Economics students' activities? We can conduct special cooking workshops for students outside curriculum time where we teach other skills such as:

- Recipe writing
 - Exercises on writing recipes
 - Planning menus for occasions
- Presentation of dishes
 - Plating & Garnishing
 - Table setting
- Creative cooking skills
 - Learning about different cooking methods
 - Using herbs/spices in cooking to enhance flavor
 - Garnishing ideas
 - Making healthier ingredient choices

Cost: \$25.00 per student

Max. Participants: 40

Venue: Home Economics Room

Duration: 2 hours



Culinary Adventures Pte. Ltd.
www.culinaryadventures.com.sg
ask@culinaryadventures.com.sg
Contact Audrey @ 9858 7431

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Staff/ Department Bonding Sessions through cooking classes

We provide hands-on learning cooking classes as a staff bonding activity. Cooking in teams is one way of building synergy among teachers. Not only that, every participant also picks up simple culinary skills and putting a complete meal together.

We can also conduct a staff retreat cooking workshop for all teachers in the school. We have organized staff retreats during the holidays for 100 pax to cook and dine together.

What participants will learn:

- Preparation and cooking of 3 simple recipes
- Presentation of dishes
- Teamwork and coordination

Cooking class includes:

- Demonstration of 3 dishes (Appetizer, main and dessert)
- Hands-on learning
- Recipes (for each participant)
- A copy of "Food Inspirations" cookbook by Irene Jansen (worth \$34.90)

Class size : Maximum 50 per room
Venue: Home Economics Room
Duration: 3 hours
Fees: *\$50.00 per person

**Ingredients cost will not be included and will be reimbursed by the school*



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Assembly Talk - "Creative Cooking the Healthy Way"

We conduct assembly talks for students and it can tie in perfectly with Healthy Lifestyle Week or any Food & Nutrition events.

Assembly Talk includes:

- 15 minutes - talk
- 30 minutes - live demonstration of 2 simple dishes
- 15 minutes - interactive quiz with prizes

Cost: \$ 400.00

Duration: 1 hour

Venue: School Hall



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